

**Living the Themes of Justice, Peace and Integrity of Creation**  
**(Suggested actions for individuals & fraternities collected at the**  
**April, 2011 meeting of the St. Francis of Assisi Fraternity)**

**Individuals**

1. As you walk, clean up wayside trash.
2. Be more conscious of our usage of water: do not waste or use excessive amounts; no bottled water.
3. Be the one to smile and say hello to people.
4. When we bring food to work, school or social activities, be mindful of the environment by reducing the use of plastic and using washable, reusable containers.
5. Educate ourselves by attending meetings of social justice groups in the Charlottetown area or participating in faith sharing groups; bring news back to our fraternity.
6. Purchase Fair Trade coffee or tea at our monthly fraternity meetings for personal use or as gifts.
7. Participate in nature related activities such as 'owl prowl', celebrating Earth Day, cleaning up the stream in Cornwall, etc.
8. Take care of our personal health as we, too, are God's creation.
9. Become more vegetarian.
10. Write/phone/talk face-to-face with our MP re Kyoto Accord, tar sands, mining practices, Amnesty International concerns, etc.
11. When buying clothing, ask ourselves: "Do I really need this?"; buy used clothing; try to find someone who can use our surplus.
12. Complain to stores about excessive plastic packaging, and even ask to have it opened on site with the packaging left for their disposal.
13. Be sensitive to the negative advertising on the part of our political parties, and rather look at the qualities of our candidates and the programs of the parties.

**Fraternity**

1. Support groups addressing social justice issues (e.g. liveable income, peace, etc.) by sending our members "two at a time" to attend meetings, open forums, etc.; bring information back to our fraternity.
2. Clean the beach.
3. Plant a tree on parish grounds.
4. Lobby for diocesan leadership on social justice issues.